



## Application for Promotion

Name: \_\_\_\_\_ Rank: \_\_\_\_\_  
Birth Date: Month: \_\_\_\_\_ Day: \_\_\_\_\_ Year: \_\_\_\_\_ Age: \_\_\_\_\_  
Address: \_\_\_\_\_  
City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_ Phone: \_\_\_\_\_  
Club Name: \_\_\_ Lenox TaeKwonDo \_\_\_\_\_ Date Started: \_\_\_\_\_  
Date of last testing: \_\_\_\_\_ Result: \_\_\_\_\_  
Signature: \_\_\_\_\_ Date: \_\_\_\_\_

### TAEKWONDO HISTORY

#### TOURNAMENT EXPERIENCE

| Tournament Name | Date(s) | Event/Division | Place |
|-----------------|---------|----------------|-------|
| 1. _____        |         |                |       |
| 2. _____        |         |                |       |

#### TEACHING AND TEACHING ASSISTANT EXPERIENCE

| Club or Employer | Date(s) | Rank and Age of Students |
|------------------|---------|--------------------------|
| 1. _____         |         |                          |
| 2. _____         |         |                          |

#### PROMOTION CONDUCTION EXPERIENCE

| Promotion Location | Date(s) | Belt Levels Conducted for |
|--------------------|---------|---------------------------|
| 1. _____           |         |                           |
| 2. _____           |         |                           |

#### CLINICS AND DEMONSTRATION EXPERIENCE

| Clinic or Demonstration Location | Date(s) | Type of Clinic/Participation in Demonstration |
|----------------------------------|---------|---|
| 1. _____                         |         |   |
| 2. _____                         |         |   |

**Blue and above ranks must answer the following questions,  
either on the back of this application or on an attached sheet.**

1. Why do you think that you should test, and what have you been doing since your last testing?
2. What will you do if you pass, and what are the responsibilities of the rank that you are testing for?